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UU Humanist Association
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Or visit: <http://huumanists.org/joindonate>

For questions or comments, please contact:

John Hooper, president,
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"Humanism is really the attempt to conserve all the human values that humanity in its age-long struggle has built up, and in addition create such new values as will add to the significance of life on this planet."

—**John H. Deitrich**

"What are human values? They are the values of the modern world. We hold Humanist values whenever we put human welfare and this-worldly concerns first."

—**L. C. Paine, Author of *Reinventing Religion: Introducing a Humanist***

"I believe that 'happy Humanism' is a part of the faith position of almost all Unitarians and Universalists. It is not alien to any of us. We are all covenanted to affirm and promote the worth and dignity of every person. We have faith in the possibility of improving human life, and see the power for change in humanity itself. We see the human race as essentially one people. And we are committed to truth-seeking and truth-speaking."

—**Rev. Dr. Linda Weaver Horton, Minister of the Unitarian Fellowship of Kelowna, British Columbia**

Humanism is a progressive philosophy of life that, without supernatural beliefs, affirms our ability and responsibility to lead ethical lives of personal fulfillment that aspire to the greater good of humanity.

UU Humanist Association

www.huumanists.org



- reason
- compassion
- community

Humanists believe in
Good

Who are we?

We are Unitarian Universalists who are also Humanists. We are the principal organization representing Humanists in the Unitarian Universalist Association of Congregations.

Our organization is descended from the Fellowship of Religious Humanists, founded in 1963 by Edwin H. Wilson, Lester Mondale and others (later known as the Friends of Religious Humanism and then HUUmanists). These same individuals were significantly responsible for the founding of the American Humanist Association (AHA) in 1945, and Humanism in the early 20th century was both influenced by Unitarianism and became a vital part of the Unitarian movement.

We publish books, a newsletter and the semiannual scholarly journal *religious humanism*. The term “religious humanism” was originally inspired by the first Humanist Manifesto of 1933. We also have an active presence on Facebook and Twitter.



What do we believe?

As Humanists, we rely on reason and compassion, rather than supernatural revelation, to guide us in our quest to become more fully human as individuals and to cooperatively improve society and sustain the planet.

We espouse an “embodied” Humanism that celebrates the joy of lived experience and the importance of love in human relationships. We value experience tempered with reason, knowing that we are hard-wired for empathy and compassion. We also know that our lived experience as humans is deeply enriched by beauty, and that encouraging, experiencing, and participating in the arts and humanities helps us all to celebrate our conviction that being alive is miracle enough.

We offer all Humanist UUs an opportunity to join us in our quest for a meaningful life, making full use of the best tools of mind and heart, reason and compassion.

What is our mission?

Our mission is to celebrate and encourage Humanism within Unitarian Universalism and to invite Humanists everywhere to find welcoming and supportive community.

Local groups are an important part of the UU Humanist Association’s mission. Local groups give individuals a place to explore their Humanism, and a supportive community where they can express their values. We encourage these groups to also affiliate with other organizations, such as the AHA.

As a member of the Secular Coalition for America, we stand with other Americans for separation of church & state and the fight for the rights of nontheistic citizens. Through our membership in the International Humanist and Ethical Union, we endeavor to protect religious freedom and end persecution of nontheists worldwide.

We promote the Secular Safe Zone program of the Secular Student Alliance to help make our congregations explicitly welcoming to nontheists, especially young people.